

PREPARING FOR YOUR FIRST VISIT

At the Orthopedic Group, we believe that you deserve care that is prompt, convenient, compassionate and comprehensive. We know that your time is valuable and we want you to get the most out of your visit with us. Based on questions that are frequently asked by patients new to our practice, we have developed some useful tips to help you prepare for your first visit with us.

Is there any paperwork that I can fill out before I arrive for my visit?

We recommend that you fill out the New Patient Forms which can be found on our website under the tab labeled "schedule an appointment". The New Patient Forms typically takes 15-30 minutes to complete and are most easily completed prior to the day of your appointment. Please remember to bring the forms with you on the day of your appointment. Alternatively, you may be able to fax or e-mail the forms to us—just ask one of our appointment schedulers and they will be happy to help you.

Is there anything that I am required to bring with me for my first visit?

You are required to bring a government issued photo ID (preferably your Driver's License), your current health insurance card, your new patient paperwork and your co-pay (if applicable).

We highly recommend that you bring any imaging studies (x-rays, bone scans, CT scans, or MRIs) or CD-ROMs of imaging done at other facilities which pertain to the problem that our physicians will be evaluating you for.

When should I arrive for my appointment?

We recommend that you arrive 30 minutes before your scheduled appointment. We recognize that unforeseen circumstances may delay your arrival. We will try to accommodate for any tardiness and honor your appointment, but cannot promise that you will be seen if you are significantly late.

What should I wear for my appointment?

We recommend that you wear comfortable, loose-fitting clothing that allows easy access to the parts of your body that the doctor will need to examine.

For women with shoulder or neck pain, a sports bra is recommended.

For hip or knee pain, it may be helpful to bring shorts or wear exercise clothing with shorts underneath.

Cloth gowns and/or disposable shorts will be provided during your visit if your clothing does not allow the physician to easily examine you.

What should I expect during my first visit?

The physician who sees you will review your new patient forms and imaging studies and discuss your symptoms with you. Based on the results of your examination, the physician may recommend additional imaging studies, therapy, or other treatments. He or she will also send a report of his findings to your primary care physician and referring physician (if applicable).